

## Memory Corner

### Summer Reading

Nancy M. grew up in Medford, Oregon, where the library held a summer contest with a prize for the child who read the most books. "One summer, I made up my mind I was going to win.

"Every day I'd walk to the library and check out five or six books. I'd return them next day and check out more, until the librarian said to me, 'You've read almost everything we have here.'"

Nancy asked if she could go to the adult library. "The librarian led me upstairs and asked me what I wanted to read there. I whispered, 'Agatha Christie.'

"It would take me a couple of days to read one of those books, but I read a lot of them, and I won the prize.

I recently bought some Agatha Christies to re-read. I'll see if I still like them!"



**Diane says...** One of my favorite things to do with my boys was read out loud. Reading appeals to everyone's imagination and adds a bit of zing to a lazy summer day.

Diane Johnson, President & CEO, VIP HomeCare, Inc.

## Kick Back and Read!

### Escape to the World of Summer Reading

Whether it's at the beach or on the porch, reading is one of the joys of summer. What could be more relaxing than a warm breeze, a glass of iced tea and a good book? This summer, kick back and enjoy a mystery or a memoir, a book of short stories or a science fiction novel.

A great way to discover new books and make your reading rewarding is to read with a friend. You can make recommendations and loan books to one another. Then comes the fun of discussing the book. Sometimes, hearing what someone else thought of a story gives you a whole new perspective on a well-known book.

Another way to break out of your normal reading routine is to join a book club. Many libraries and churches host reading circles and book clubs. Even if you can't make the meetings, it can be worthwhile to get the group's reading list for ideas on what to read. Some libraries offer access to book clubs that operate through the Internet. These online book clubs send a page or two of a book by e-mail every day – that way you can decide if you want to read the book or not.

To make reading a truly rewarding experience, try reading with a child. Most kids have summer reading assignments, and they'll be glad to have help in getting through the books. What's more, you'll be adding joy to a child's experience of reading – joy that can last a lifetime.

# Summer Wrap

Perfect for lunch on a warm day!

- 4 large flour tortillas
- 1 (8 oz) package cream cheese, softened
- ½ cup sour cream
- 1 (4 oz) can sliced black olives, drained
- 2 ripe avocados, peeled and sliced
- 2 tomatoes, sliced
- 5 green onions, chopped
- 1 tablespoon taco seasoning

In a small bowl, mix together cream cheese, sour cream and taco seasoning. Spread about ½ cup on each tortilla. Top with avocado slices, tomato slices, onion and olives. Roll up.

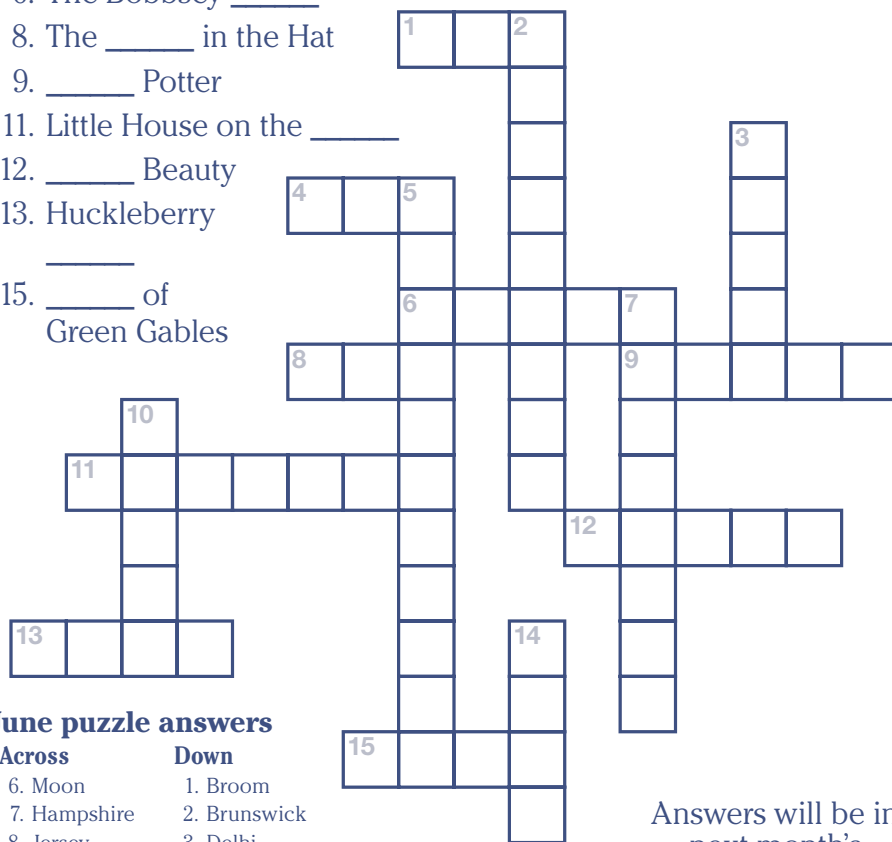
## Crossword Childhood Favorites

### Across

- 1. \_\_\_\_\_ Yeller
- 4. Blueberries for \_\_\_\_\_
- 6. The Bobbsey \_\_\_\_\_
- 8. The \_\_\_\_\_ in the Hat
- 9. \_\_\_\_\_ Potter
- 11. Little House on the \_\_\_\_\_
- 12. \_\_\_\_\_ Beauty
- 13. Huckleberry \_\_\_\_\_
- 15. \_\_\_\_\_ of Green Gables

### Down

- 2. Make Way for \_\_\_\_\_
- 3. \_\_\_\_\_ Rabbit
- 5. Meg, Jo, Beth and Amy
- 7. \_\_\_\_\_ Holmes
- 10. Encyclopedia \_\_\_\_\_, boy detective
- 14. Nancy \_\_\_\_\_



### June puzzle answers

- |               |              |            |
|---------------|--------------|------------|
| <b>Across</b> | <b>Down</b>  |            |
| 6. Moon       | 1. Broom     |            |
| 7. Hampshire  | 2. Brunswick |            |
| 8. Jersey     | 3. Delhi     |            |
| 10. York      | 4. Amsterdam | 9. England |
| 12. Zealand   | 5. Year      | 11. Old    |

Answers will be in next month's newsletter.

## VIP Spotlight

### Meet Audrey Michaelian



Audrey lives in a spacious apartment with a wide window where she watches the wildlife. "I

love the squirrels and the birds. Diana, my Aide, puts the food out there on the ledge for them."

Audrey likes to get out on her scooter and run errands. "One time I was coming home and my scooter ran out of juice." Fortunately a neighbor stopped and asked if she needed help. "He pushed me home – and he put my groceries away for me. He was like an angel sent to help!"

Audrey needs help getting from her bed to her electric wheelchair or her scooter, so an Aide comes three times a day. Three years ago, an illness meant that Audrey needed round-the-clock care, and she moved to a retirement community for ten months. "I loved it there. The staff and the nurses were very kind, but I wanted to come home. We had trouble finding a homecare company that would send an Aide at night to get me to bed. But VIP said they could do it."

At first, the nurse who had helped Audrey at the retirement community was doubtful that she could return home. "She told me she didn't think I'd be able to do it. But VIP got me home. They've been great. Diana is real good."