

## Memory Corner

### Thanksgiving Pies



Edna T. grew up in Akron and got married two weeks after she graduated from high

school. She had learned to cook from her mother. "But she didn't fix desserts," Edna explains. "She was a serious diabetic."

Undaunted, Edna decided to learn how to make a pie. "I sent away for the Spry cookbook. It was a quarter, and I made a quarter from babysitting, so that's how I paid for it. Then I went to the store and bought fresh peaches and the things I needed. It turned out wonderful!"

Edna's family loved her pies, and for Thanksgiving she would always bake three pies and make two other desserts. "My son-in-law says, 'No one bakes a pie like Edna!'"



**Diane says...** We can choose our attitudes, and November is the season for thankfulness. Let's look at the good, not the bad, and choose to be thankful for what we have.

Diane Johnson, President & CEO, VIP HomeCare, Inc.

## Being Thankful

### Share the Good Feeling

Aside from eating turkey and watching football, Thanksgiving Day is traditionally an opportunity for families to gather and count their blessings. Gratitude is a great attitude!

Let's take a minute, though, and look at gratitude from the other side. VIP Home Health Aide Lisa Taylor, who is featured in the **Living With Zing** spotlight article this month, loves her job because of the gratitude she receives. As a Home Health Aide, Lisa's job is to help people, in big ways and small ones. What she notices is how much difference the little things sometimes make, and how much it means to her when she hears a thank-you from a client.

"Thank you for bringing me that cup of coffee." Just a cup of coffee, just a gesture of friendliness and good cheer. This is one of the little things that can mean a lot. This is one of those times when someone shared her thankful attitude – and made another person feel valued and appreciated.

Some people seem to keep a mental list of gripes going back to their grade-school days – skinned knees, lost keys, missed opportunities. Others look around them and see beauty and interest everywhere. At one Thanksgiving table years ago, each member of the family was asked to say what he or she was thankful for. Looking at the elegant table setting, the youngest child said, "I am grateful for the blue in the candle flame."

What is small and blue and beautiful in your life this November?

# Orange Pecan Muffins

## Delicious with Thanksgiving dinner!

- 1 cup all-purpose flour
- 1 cup sugar
- ½ cup pecan pieces
- ½ teaspoon baking soda
- ¼ teaspoon salt

- 1 egg
- ½ cup sour cream
- 6 tablespoons butter, melted
- grated zest of 1 orange
- 2 tablespoons orange juice

In a large bowl, combine flour, sugar, pecans, baking soda and salt. In another bowl, whisk together egg, sour cream, melted butter and orange zest and juice. Stir this mixture into the dry ingredients until just mixed. Fill prepared muffin cups two-thirds full. Bake at 375 degrees for 18-20 minutes or until a toothpick pushed into the center of a muffin comes out clean.

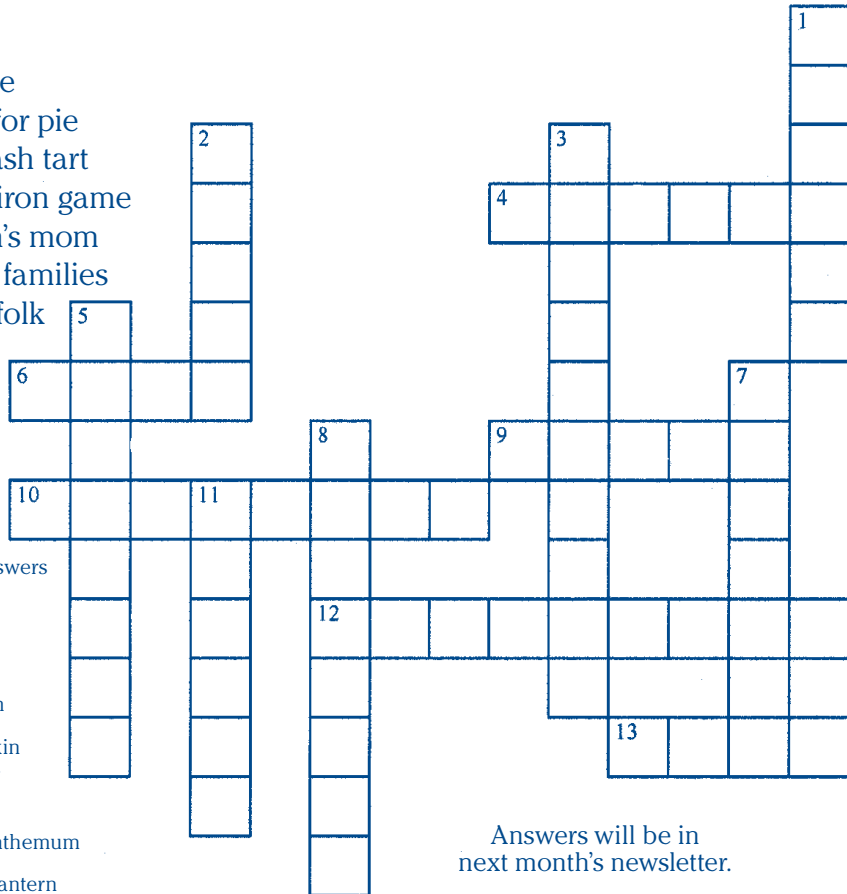
## Crossword - November Thoughts

### Across

- 4. Thanksgiving bird
- 9. Over the \_\_\_\_\_
- 12. Thankfulness
- 6. \_\_\_\_\_ stalk
- 10. Bread in bird
- 13. Green \_\_\_\_\_ casserole

### Down

- 1. Grace
- 2. Nut for pie
- 3. Squash tart
- 5. Gridiron game
- 7. Mom's mom
- 8. First families
- 11. Kinfolk



October puzzle answers

### Across

- 3. Ghost
- 5. Yellow
- 6. Treat
- 7. Skeleton
- 9. Fall
- 10. Pumpkin
- 12. Leaves

### Down

- 1. Chrysanthemum
- 2. Orange
- 4. Jack-o-lantern
- 8. Trick
- 11. Red

Answers will be in next month's newsletter.

## VIP Spotlight

### Meet Lisa Taylor



Lisa started working for VIP recently - just six months ago - and the smile she

wears to work tells how much she enjoys her new job.

"I love this work," she says. "Before this I was in customer service at an inbound call center. I had a headset and talked on the phone all day. But I was tired of the desk, the computer, the supervisor.

"This job is so different! What other job at the end of the day can you say, 'I made a difference in someone's life today!' This is fulfilling work.

"It's so satisfying to be appreciated. In corporate America you're never really appreciated. You have your job to do, your quota to fill or whatever. But in this work, you bring someone a cup of coffee and they say, 'Thank you!' I love it!"

