

Memory Corner

A Favorite Teacher



Josephine B., a VIP client, grew up in Virginia. "We would walk to the elementary school," she recalls. "It was a half mile."

She remembers being eager to go back to school after summer break – all because of her favorite teacher. "We all looked forward to seeing Miss Spears. We'd carry an apple or an orange as a gift for her. We didn't have to, but it was something we wanted to do."

Miss Spears taught kindergarten through fourth grade, and her sister taught fifth through seventh. "She was nice too, but tough," Josephine recalls. "But Miss Spears was beautiful. When we were in high school, we'd go back and visit her. Everybody liked her, and she was so dedicated to her work."



Diane says... Handmade crafts bring pleasure to the maker and to the receiver. I treasure the gifts that others have made for me – especially when the givers are no longer with me.

Diane Johnson, President & CEO, VIP HomeCare, Inc.

Hobbies and Crafts

A Pleasure for Yourself and a Gift to Others

With fall on the way, September is a month of anticipation. Kids are starting a new school year, their shiny new backpacks filled with pencils and notebooks. Children wonder whether they will like their new teacher or get to sit beside a friend. At this time of year, grown-ups look forward, too. Now is the time to think about the months ahead, and even to make plans for Thanksgiving and Christmas.

September is a great time to return to a hobby or start a new one. Summer days can be just too hot for scrapbooking, knitting or painting projects, but with fall on the way the mood is right for doing something creative.

A handcrafted gift means much more than something bought in a store – and creating it is fun, too! Many crafts make treasured holiday gifts. This is a good time to get started on a needlework or beading project as a present for a friend or family member.

Flowers are a welcome gift in the dull days of winter. September is the right time to start if you want to force some bulbs that will bloom around the holidays. An attractive container, a few handfuls of dirt, gravel or sea glass (which you can buy at a craft store), and some bulbs are all you need. Fragrant hyacinths, elegant daffodils and brightly-colored crocuses are all good choices. The bright blooms add zing to our lives during the cold winter months as they bring the beauty of nature indoors.

Scalloped Tomatoes

The delicious taste of summer!

2-3 slices of bread, toasted
 3 medium tomatoes, chopped
 1 tablespoon brown sugar

2 cloves garlic, crushed
 salt and pepper
 2 tablespoons butter
 ¼ cup grated Parmesan

Cut toast into small cubes. Mix together with tomatoes, brown sugar, garlic, salt and pepper. Put the mixture into an oiled 9x13-inch baking pan and dot the top with butter. Cover with foil and bake at 350 degrees for 30 minutes. Remove foil, sprinkle with Parmesan and bake uncovered for 10-15 minutes more.

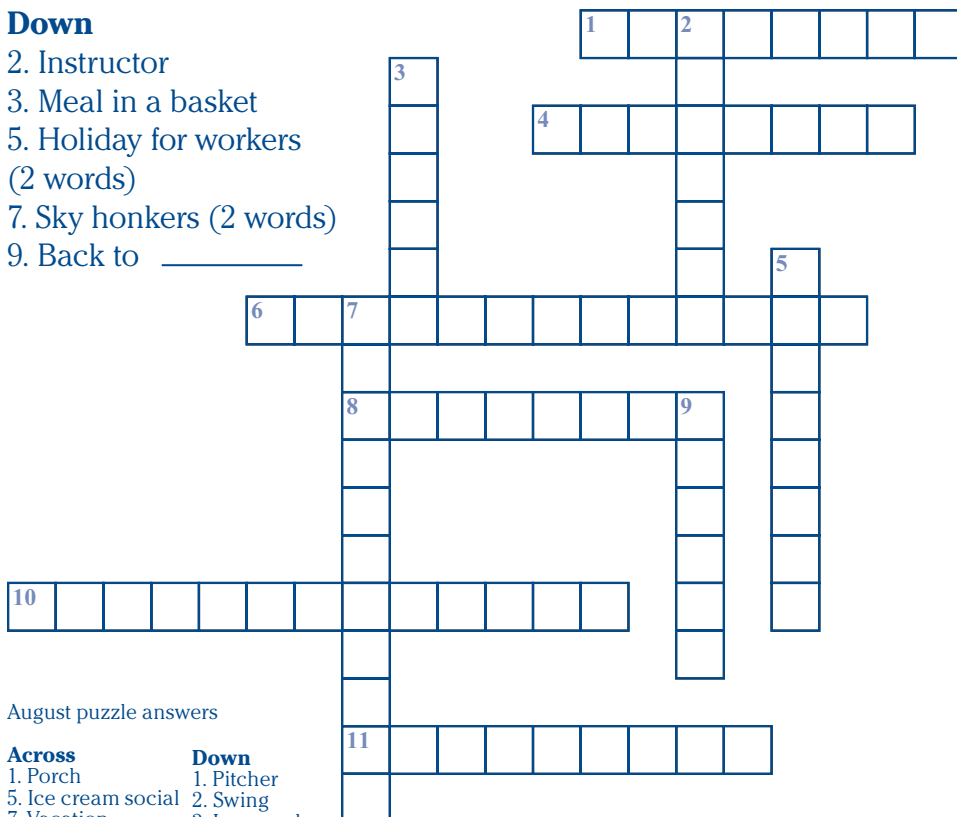
Crossword - September Sightings

Across

- 1. Blank pages
- 4. Round and red
- 6. Veggie loaf (2 words)
- 8. School footwear (2 words)
- 10. Traffic guide (2 words)
- 11. Student transportation (2 words)

Down

- 2. Instructor
- 3. Meal in a basket
- 5. Holiday for workers (2 words)
- 7. Sky honkers (2 words)
- 9. Back to _____



August puzzle answers

- | | |
|---------------------|-------------|
| Across | Down |
| 1. Porch | 1. Pitcher |
| 5. Ice cream social | 2. Swing |
| 7. Vacation | 3. Lemonade |
| 9. Sprinkler | 4. Pool |
| 10. Bat | 6. Fan |
| 11. Baseball | 8. Iced tea |

Answers will be in next month's newsletter.

VIP Spotlight

Meet Edith Evans



Edith is a Home Health Aide with VIP. "I've had this job for eleven wonderful years," she

says. "I had the choice of working with small children or with the elderly. I chose the elderly, and I love my work."

Edith's clients look forward to seeing her. "They know what time I'll be there, and they're always happy to see me. All my clients love me, and they're pleased with my work. I've worked with one client for ten years!

"Some of my clients, when they go to the doctor, the doctor says, 'You're doing well. How do you do it?' And they tell him, 'It's my Home Health Aide.' I like getting feedback like that!"

Edith also values the comments she gets from clients' relatives. "I wash and style their hair, and then the relatives will say, 'Mom's hair looks so nice - it's like she went to the beauty parlor!' I've had people say to me, 'Why aren't you a beautician?' Or when I shave a man very gently, 'Why aren't you a barber?' But I'm happy with what I'm doing."